

Lesson Packet Instructions

Please follow these instructions in order to ensure that your waiver is filled out completely and correctly. A valid waiver is required in order to participate in any Mead Farm activity.

- Use black or blue ink only.
- Print required information neatly.
- Both parents or legal guardian(s) must complete waiver if rider under 18 years of age.
- Please take your time and review the waiver.
- A separate waiver must be completed for each participant.
- **Either faxed or emailed copies of each waiver must be sent for pre-approval. A valid original waiver (one for each rider) must be on file at Mead Farm prior to your first lesson.**

Valid Waiver Requirements

Page 1

- 1st blank line – riders name to be printed legibly
- 2nd blank line – parent #1's name printed legibly (left blank if rider is 18 years or older)

Page 2

- Signature lines at bottom of page
 - Line 1 – parent #1 (or adult rider) signs and dates day received
 - Line 2 – parent #1 (or adult rider) signs and dates day agreed (at least one day later than date received)
 - Line 3 – parent #1 prints name and full address
 - Line 4 – parent #2 signs and dates day agreed (at least one day later than date received) (not required if rider is 18 yrs or older)
 - Line 5 – parent #2 prints name and full address
- If there is no parent #2, parent #1 must indicate on waiver “status” of parent #2 (i.e. sole decision making authority, sole custody, widow, widower)

Please call the office if you have any questions.

Thank you,

MEAD FARM

107 June Rd, Stamford, CT 06903-3716 / Tel: 203 322-4984 / Fax: 203 321-1051
www.meadfarm.com / email: meadfarm@hotmail.com



LESSON PACKAGE

Welcome to Mead Farm!

NAME: _____

ADDRESS: _____

PHONE(S): _____

E-MAIL: _____

***Please provide the following to Stable Management
prior to your first lesson:***

_____ : Signed Hold Harmless Agreement Liability Waiver and Release

_____ : Signed Emergency Medical Release Form

_____ : Signed Stable Rules

_____ : Signed Horseback Riding Assessment

_____ : Other: _____

_____ : Other: _____

All necessary items have been properly completed and submitted:

Reviewed by: _____

Date: _____

HOLD HARMLESS AGREEMENT LIABILITY WAIVER AND RELEASE (STUDENTS)

This HOLD HARMLESS AGREEMENT, LIABILITY WAIVER AND RELEASE (hereafter the "AGREEMENT") is made and entered into as of the date last signed below, by and between SMS Farm, LLC, a Connecticut limited liability company d/b/a Mead Farm (hereafter called the "MANAGER"), and _____ hereinafter called the "PARTICIPANT," and if Participant is a minor, Participant's parent or guardian, _____ (together called "PARTICIPANT"). SMS Farm, LLC d/b/a Mead Farm and its parents, successors, assigns, subsidiaries, affiliates, officers, owners, directors, employees and agents, and facilities on which same operate are hereafter collectively and individually called the "STABLE."

In consideration of One Dollar (\$1.00), to be deducted from the first amount due to the Manager, and other good and valuable consideration from the Stable to the Participant, receipt of which is hereby acknowledged, the Participant hereby expressly agrees to the following:

1. Participant acknowledges that being present at a facility where horses and/or other animals are also present, and the acts of riding, caring for, working, spectating, observing, or even simply being in close proximity to, horses and/or other animals (hereafter called "Equestrian Activities") are activities accompanied by significant known and unknown risks. These risks, whether ever-present or spontaneous, observable or unobservable, can result in serious bodily injury and/or death to the Participant, his/her animal(s) or both. Participant acknowledges that such risks cannot be eliminated by any reasonable action of the Stable. The Participant acknowledges that Participant, his/her animal(s), or both, can be injured and/or killed by participating in Equestrian Activities.

2. The Participant acknowledges that Conn. Gen. Stat. § 52-557p provides that:

Each person engaged in recreational equestrian activities shall assume the risk and legal responsibility for any injury to his person or property arising out of the hazards inherent in equestrian sports, unless the injury was proximately caused by the negligence of the person providing the horse or horses to the individual engaged in recreational equestrian activities or the failure to guard or warn against a dangerous condition, use, structure or activity by the person providing the horse or horses or his agents or employees.

3. The Participant agrees that the provisions of this Agreement in which the Participant assumes all risks of and legal responsibility for engaging in Equestrian Activities, and in which the Participant waives and releases the Stable from certain types of liability, are to be interpreted as broadly as possible, and are intended by the Participant and the Stable to extend liability limitations to the Stable beyond those provided in Conn. Gen. Stat. § 52-557p and/or any other applicable statute. The Participant agrees that hazards inherent in equestrian sports include, but are not limited to, the following: equines and other animals behaving with or without warning in ways such as bolting, running, bucking, biting, kicking, shying, spooking, stumbling, rearing, charging, throwing, falling or stepping on a person or object, that may result in injury or death to persons on or around them; the unpredictability of equines' and other animals' reaction to such things as sounds, movement, objects, persons and/or other animals; being matched with horses, tack, and/or equipment not suited to the Participant's abilities and/or skill level; hazards such as unsuitable surface, subsurface and environmental conditions, and equipment failure; collisions with vehicles, stationary objects and/or other animals; limited availability of emergency medical or veterinary care; and/or the negligence of a participant, the Stable, and/or a third party including, but not limited to the failure to guard or warn against a dangerous condition, use, structure or activity, that may cause or contribute to injury or death to the Participant, or damage to the Participant's property.

4. Each and all of the risks and hazards inherent in equestrian sports, including without limitation each of those stated in Paragraph 3 above, are considered, are agreed to be, and are hereafter called, "HAZARDS INHERENT IN EQUESTRIAN SPORTS."

5. EXCEPT AS SPECIFICALLY EXCLUDED HEREIN, PARTICIPANT AGREES TO ASSUME ANY AND ALL RISKS INVOLVED IN, OR DIRECTLY OR INDIRECTLY ARISING FROM, THE PARTICIPANT'S USE OF, OR PRESENCE UPON, STABLE'S PROPERTY AND FACILITIES, INCLUDING WITHOUT LIMITATION THE RISKS OF DEATH, BODILY INJURY, AND/OR PROPERTY DAMAGE RESULTING FROM THE HAZARDS INHERENT IN EQUESTRIAN SPORTS INCLUDING THE RISK OF THE STABLE'S NEGLIGENCE.

6. PARTICIPANT WAIVES, RELEASES, AND AGREES TO INDEMNIFY AND DEFEND THE STABLE AGAINST, AND HOLD STABLE HARMLESS FROM, ANY AND ALL CLAIMS, CAUSES OF ACTION, DAMAGES, JUDGMENTS,



EMERGENCY MEDICAL RELEASE FORM (ADULT – 18 YEARS OLD AND OVER)

NAME: _____

<u>Participant</u>	
Name: _____ Date of Birth: _____	
Address: _____	
City: _____ State: _____ Zip: _____	
Phone: _____	
Alt. Phone: _____	
<p style="text-align: center;"><u>Emergency Contact Information</u></p> Name: _____ phone: _____ Alt. Name: _____ phone: _____ Doctor: _____ phone: _____ Alt. Doctor: _____ phone: _____	<p style="text-align: center;"><u>Medical Insurance (optional)</u></p> Insurance Company: _____ Policy Holder Name: _____ Policy #: _____ Member #: _____ ATTACH COPY OF YOUR INSURANCE CARD, FRONT AND BACK, TO EXPEDITE MEDICAL TREATMENT

MEDICAL HISTORY OF PARTICIPANT

Allergies: _____ Contact Lenses: _____
Date of Last Tetanus Shot: _____ Medications Taken: _____
Other: _____

_____ (use reverse if needed).

RELEASE BY ADULT PARTICIPANT FOR MEDICAL TREATMENT

If emergency medical care is required for myself and if neither I, nor an accompanying spouse or adult relative, is able to convey authority to administer such treatment in a timely manner, I hereby waive my right of informed consent and unconditionally grant SMS Farm LLC d/b/a Mead Farm and its officers, owners, directors, employees and agents (together, the “Stable”) complete and unquestioned authority to summon and authorize the administration of emergency medical care as deemed appropriate by emergency medical personnel, a physician, and/or any medical facility providing treatment, and I further authorize such medical personnel and/or facility to administer such treatment to me. I agree and warrant that I shall be solely responsible to pay all costs relating to all such care and/or treatment, and shall indemnify, hold harmless and defend the Stable for any actions they may take or fail to take in providing or obtaining, or attempting to provide or obtain, emergency medical treatment for me.

Signature: _____ Date: _____
Printed Name: _____



EMERGENCY MEDICAL RELEASE FORM

(MINOR - UNDER 18 YEARS OLD)

NAME: _____ **DOB** _____

<u>Participant</u> Name: _____ Date of Birth: _____ Address: _____ City: _____ State: _____ Zip: _____ Phone: _____ Alt. Phone: _____	<u>Parent or Legal Guardian</u> Name: _____ Address: _____ City: _____ State: _____ Zip: _____ Phone: _____ Alt. Phone: _____
<u>Emergency Contact Information</u> Name: _____ phone: _____ Alt. Name: _____ phone: _____ Doctor: _____ phone: _____ Alt. Doctor: _____ phone: _____	<u>Medical Insurance (optional)</u> Insurance Company: _____ Policy Holder Name: _____ Policy #: _____ Member #: _____ ATTACH COPY OF YOUR INSURANCE CARD, FRONT AND BACK, TO EXPEDITE MEDICAL TREATMENT

MEDICAL HISTORY OF PARTICIPANT

Allergies: _____ Contact Lenses: _____
Date of Last Tetanus Shot: _____ Medications Taken: _____
Other: _____

(use reverse if needed).

RELEASE BY PARENTS OR GUARDIANS FOR MEDICAL TREATMENT OF MINOR PARTICIPANT

I hereby represent and warrant that I am the parent and/or legal guardian of the minor child named at the top of this form ("Child") and that I possess full legal authority to make medical decisions on the Child's behalf. If emergency medical care is required for the Child, and if neither I, nor an accompanying spouse or adult relative, is able to convey authority to administer such treatment in a timely manner, I hereby waive my, and Child's, right of informed consent and unconditionally grant SMS Farm LLC d/b/a Mead Farm and its officers, owners, directors, employees and agents (together, the "Stable") complete and unquestioned authority to summon and authorize the administration of emergency medical care to the Child as deemed appropriate by first responders, emergency medical personnel, a physician, and/or any medical facility providing treatment, and I further authorize such personnel and/or facility to administer such treatment to the Child. I agree and warrant that I shall be solely responsible to pay all costs relating to all such care and/or treatment, and shall indemnify, hold harmless and defend the Stable for any actions they may take or fail to take in providing or obtaining, or attempting to provide or obtain, emergency medical treatment for the Child.

Signature: _____ Date: _____
(Parent or Legal Guardian)
Printed Name: _____

Signature: _____ Date: _____
(Parent or Legal Guardian)
Printed Name: _____



STABLE RULES

Anyone who boards or rides horses at SMS Farm, LLC d/b/a Mead Farm (“Stable”) is, in addition to the terms and conditions of their respective boarding or lesson agreements, subject to the following Stable Rules as may be amended from time to time at the Stable’s sole discretion:

1. The Safe, Considerate and Courteous behavior of each boarder, family member and guest is required at all times! Your safety and the safety of others is our primary goal.
2. **RELEASE AND WAIVER REQUIRED:** All Boarders, Students and Guests must first sign in with management, and execute and deliver a Liability Waiver and Release, in a form to be determined by the parties, before participating in any equestrian activities.
3. **HELMETS REQUIRED:** ALL PERSONS RIDING AT THE STABLE MUST WEAR AN ASTM APPROVED HELMET AT ALL TIME.
4. **SHOES REQUIRED:** ALL PERSONS RIDING AT THE STABLES MUST WEAR STURDY SHOES OR BOOTS WITH HEELS.
5. **CHILDREN:** No one shall leave a minor under the age of 16 unattended on the Stables property. Minors under the age of 16 (hereinafter referred as “Children”) must be under the direct supervision of a responsible adult at all times.
 - a. No Children may play in/on the hay bales.
 - b. No Children may ride on the Stable’s tractors.
 - c. Children, like all other riders, **must wear AN ASTM APPROVED HELMET** at all times while on horseback.
 - d. Minors between the ages of 16 and 18 must have an emergency contact phone number listed in the office if they wish to ride in the absence of a parent or guardian.
 - e. No Children may jump a horse without immediate adult supervision.
6. Running, shouting, throwing things, and rowdy boisterous behavior is not permitted at any time.
7. **NO SMOKING.** SMOKING is NOT permitted anywhere on the Stable’s property.
8. **NO ALCOHOL.** ALCOHOLIC BEVERAGES are not allowed at the Stables, except as specifically approved by Stable Management.
9. **NO DOGS:** Dogs are not allowed at the Stable. NO EXCEPTIONS.
10. **ARENA USE:**
 - a. Lessons take priority for arena use;
 - b. Please follow the Arena Etiquette.
 - c. Nobody may turn on any of the arena lights without the specific written approval of Stable Management.
11. **GUESTS:** It is the responsibility of each boarder inviting a Guest to make sure that their Guest(s) are aware of, and follow, these Stable Rules. Anyone not in compliance may be asked to leave the property without notice. No Guest may handle or ride a horse without the specific approval of Stable Management. Before any person may ride a horse which they do not own, a written permission slip from the horses owner must be delivered to Stable management,

and that rider must deliver a Liability Waiver and Release to Stable management.

- 12. **LEASES:** No horse may be leased by a boarder, nor may any board be shared, without the express written approval of Stable Management. This is to ensure that the Stable knows the person that is coming onto the property. Ultimately, the safety and welfare of the horse remains with the owner, and not the lessee.
- 13. **GROUNDS:** It is the duty of every boarder to help keep the Stable property free of litter, clean and organized. This duty requires each boarder to clean up after themselves, especially while in the barn. Keep the aisles clean and tidy for your safety and the safety of others.
 - a. Clean up after using the horse ties, hitching posts and wash racks.
 - b. Clean up after loading and/or unloading your horse and trailer.
 - c. Deposit only manure (and shavings) in the manure dumpster.
 - d. All other garbage goes in the garbage cans located in various areas on the property.
- 14. **TACK:** Do not use anyone's tack without explicit permission to do so.
- 15. **HANDLING HORSES:**
 - a. Respect animals ALWAYS!
 - b. Never walk or stand behind a horse.
 - c. Do not handle anyone's horse(s), or enter any stall, without express permission by the horse owner and Stable Management to do so.
 - d. Do not remove a horse from a stall or paddock without staff permission.
 - e. When exiting a stall with a horse, open stall door fully. Latch door completely open.
 - f. Always use a halter and lead line when moving horses.
 - g. Always use cross ties when tacking or blanketing a horse unless given express permission by Stable Management to do otherwise.
 - h. Keep a safe distance between horses (horse length).
 - i. If a horse gets loose, yell "Horse Loose" and move to a safe position against a wall, in the tack room, feed room, or other safe location. Use good common sense.
 - j. When walking a horse through a barn, yell "Heads Up" to alert others.
- 16. Do not feed, or give treats to, any animal which you do not own.
- 17. The Stable is not responsible for lost or stolen articles.

I HAVE READ AND FULLY UNDERSTAND THE AFORESAID RULES, AGREE TO ABIDE BY THEM AS AMENDED FROM TIME TO TIME, AND WILL BE RESPONSIBLE FOR MY FAMILY'S AND GUESTS' AWARENESS AND COMPLIANCE WITH THESE RULES.

Signature: _____ Date: _____

Printed Name: _____

Signature: _____ Date: _____

(Parent or Legal Guardian)

Printed Name: _____

Signature: _____ Date: _____

(Parent or Legal Guardian)

Printed Name: _____



ARENA ETIQUETTE

- **Listen to the Instructor, and follow the Instructor's instructions.**
- **Left shoulder to Left Shoulder:** Riders should try to ride in the same direction. If this isn't possible then the left shoulder to left shoulder rule should apply.
- **If walking, please stay off the track when other riders are riding:** Slower riders should ride on the inside track including those doing schooling such as lateral work etc.
- **Announce Your Intentions:** Tell the other riders what you plan to do: "passing on your left", "jumping fence 3", "leaving arena", "entering arena".
- **Mount Out of the Way:** Mount and dismount in the center--not on the track.
- **Cue Quietly:** Voice commands, kissing, smooching to cue your horse should be done quietly and away from other horses. Accidentally cueing another person's horse as you ride along side them could cause problems.
- **Try Not to Interrupt Lessons:** Try to schedule your riding for times when the arena is not being used for lessons. If you must ride during a lesson try to be unobtrusive.
- **When Entering Arena:**
 - When entering the Arena, the first person in goes to the farthest area
 - Leave safe space between horses
 - Line up all horses facing the same way
- **When Leaving Arena:**
 - Roll up stirrups
 - Hold reins under chin (right hand), and with left hand, hold reins off the ground.
 - Stand on the horse's left side and keep your feet on the side of the horse
 - Walk horses out on left side of the horse, not in front of the horse
 - Leave safe space between horses
- Positive comments are welcome to fellow riders, e.g., "Good job!"
- **ALWAYS RIDE WITH AN ASTM APPROVED HELMET AND PROPER BOOTS WITH A HEEL.**

PLEASE RIDE SAFELY!



HORSEBACK RIDING ASSESSMENT

Please read carefully and check all that apply to you.

- Never ridden.
- Able to ride at a walk and control horse on your own (i.e. steer and halt).
- Comfortable at the walk, has trotted some.
- Comfortable at the walk, but has not mastered posting.
- Comfortable at the walk/sitting trot/posting trot-does not know diagonals yet.
- Able to sit, trot and post trot without stirrups.
- Has cantered - not yet comfortable or not yet fully in control.
- Knows leads.
- Able to maintain jumping position at walk, trot and canter.
- Comfortable cantering without stirrups.
- Able to trot over cross-rails in jumping position.
- Able to canter over a single cross-rail.
- Able to trot over a small course of 3-4 cross rails.
- Able to canter small course of 3-4 cross rails with simple lead changes.
- Able to canter a full course (6-8 jumps) of small fences.
- Has competed over a full course of 2'6" fences or higher.

Do you take lessons? _____ If yes, where and how often? _____

Please describe what type of riding you are doing currently.

Do you want to go on trail rides? Yes No

In general, please rate how comfortable you are around horses.

- | | |
|----------------------------------------------------|---------------------------------------------------------|
| <input type="checkbox"/> Timid, but willing to try | <input type="checkbox"/> Mostly confident |
| <input type="checkbox"/> Okay, but not confident | <input type="checkbox"/> Very confident and comfortable |

Do you have any special requests? _____

Signature: _____ Date: _____

Printed Name: _____

Signature: _____ Date: _____

(Parent or Legal Guardian)

Printed Name: _____

Signature: _____ Date: _____

(Parent or Legal Guardian)

Printed Name: _____